

Delivering Personal Development
Workshops as part of the

Summer Schools Programme 2021

Enrichment Experiences in Education



How the Hemraj Goyal Foundation can help you plan your summer school programme and benefit pupils, staff and local communities through learning life skills.



About the Hemraj Goyal Foundation

The Hemraj Goyal Foundation was created to fund social outreach projects and focuses on empowering women and young people. We collaborate with a wide number of charities and social outreach organisations, to extend the scope and impact of our vital work. Our vision is to help people overcome barriers such as low income and poverty and to promote community cohesion.

Why is personal development important?

Personal development in education brings a host of benefits. It helps students build resilience and self-confidence, develops social skills and promotes healthy ways of living. These skills and qualities are crucial in helping young people grow and mature but they can also have an Impact on academic achievement. Research suggests that character traits such as high levels of self-belief, motivation and self-control can improve educational attainment, engagement with school and attendance. These are all qualities that are honed through life skills teaching and experiences.

Our track record working with schools

The Hemraj Goyal Foundation has delivered our personal development programme in many schools where the impact on not just pupils, but staff wellbeing has been instant. Our Ambassador School - The Khalsa Academy Wolverhampton - has championed these workshops throughout the pandemic and has seen the impact on the whole school as well as staff.



Each package is designed with the school's needs in mind and a selection of workshops are created to suit those needs. This bespoke approach means that schools can make a real impact on their pupils.

For more information please contact: Leah Chowdhry at info@hgf.org.uk

Summer Schools 2021



Our Personal Development programme for Summer Schools has been designed with a vision to enrich pupils' lives across the country. The concept of personal development within this programme goes beyond the classroom and focuses on positive attitudes towards learning and raising the aspirations of pupils.

At a time when pupils have "lost" learning during the pandemic, we seek to drive positive experiences to enhance and change the way pupils think about their futures.

Our Summer Schools programme focuses on Year 7 transition, in line with the DfE Summer Schools guidance document. We want your pupils to have an enriched experience that will in turn have a positive impact on their start to secondary school.

We have put together an exciting programme that will fulfil part of your summer school offer:

- **Mindset Empowerment workshops** – renowned speakers who have celebrity clientele
- **Theatre production about Transitioning to Secondary School** – Upfront Theatre company
- **Menstrual Education for boys and girls** – BINTI International
- **Dementia Friends** – Alzheimer's Society

The programme can offer three to four days over a one week period as part of the enrichment activities that you provide as part of your summer school provision.

An example timetable for a one-week summer school:

1 Hour Periods	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1	Welcome Assembly (ALL)	G1: English G2: Maths G3: CS G4: Reading	Binti Menstrual Education	G1: English G2: Maths G3: Science G4: Reading	Refresher lessons and PE
Period 2	Mindset Empowerment workshop (ALL)	G1: Maths G2: English G3: Reading G4: CS	Upfront Theatre Company Workshops	G1: English G2: Maths G3: Science G4: Reading	Achievement assembly
Period 3		G1: CS G2: Reading G3: English G4: Maths		G1: English G2: Maths G3: Science G4: Reading	
Period 4		G1: Reading G2: CS G3: Maths G4: English	Dementia Friends	G1: English G2: Maths G3: Science G4: Reading	
Period 5	Tours of the building	PE	Head of Year Assembly	PE	

What are the benefits of using our Summer Schools programme?



Exciting and enriching opportunities to engage your new Year 7 cohort



Takes the pressure off fully staffing summer school



Confident pupils ready and happy to join your school



Cost effective



A fully resourced programme



Clear objectives for your strategy document (as per requirements from DfE)



DBS staff delivering (schools will need to provide staff to supervise groups)

Information and pricing for Personal Development workshops at Summer Schools:

For more information please contact: Leah Chowdhry at info@hgf.org.uk

www.hgf.org.uk

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